

Aspen Surgery Center's mission is to provide quality, cost effective, ambulatory surgical services in comfortable, safe surroundings. At our center you will encounter a special kind of care. You will also find that patients are treated with courtesy and respect by our staff members, who specialize in ambulatory care.

Aspen Surgery Center has many distinguishing features including our:

- Location on the John Muir Medical Center - Walnut Creek Campus
- full range of services and the availability of emergency backup for your safety
- licensure by the State of California and certification by Medicare
- Accreditation from the Accreditation Association for Ambulatory Health Care, Inc.
- consistent ratings of excellence in patient satisfaction surveys
- inclusion as a preferred provider in most health plans

Please arrive at _____.

Do not eat or drink anything after midnight.

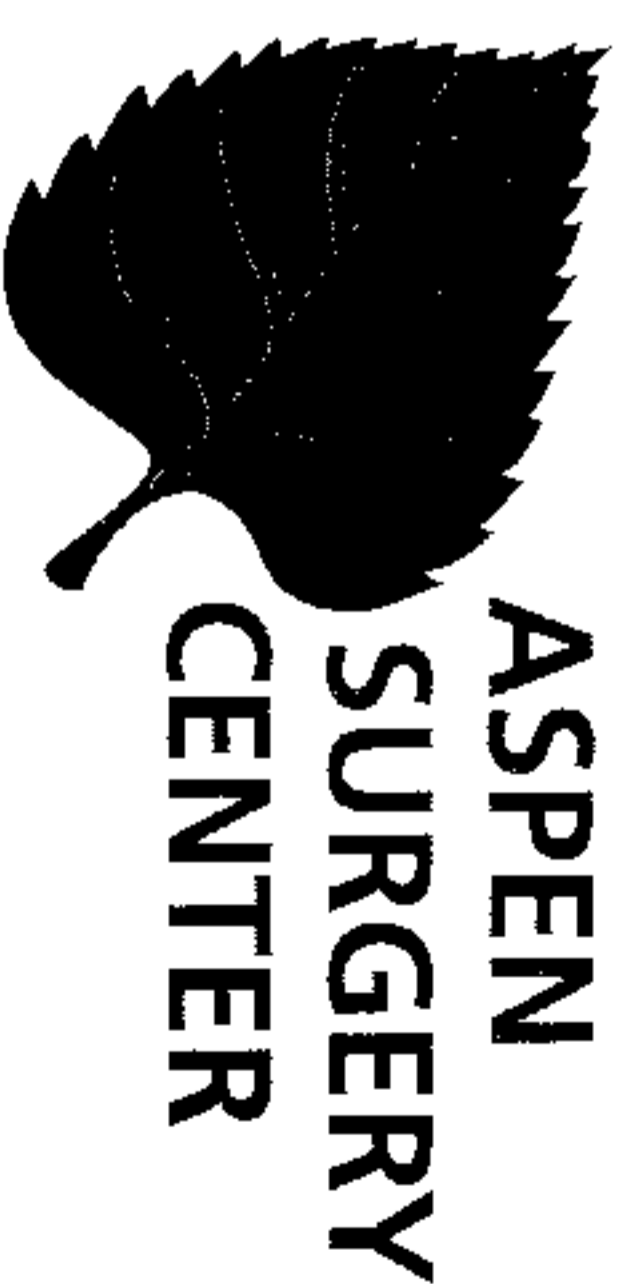
YOUR SURGERY DATE:

PREPARATION FOR SURGERY

- A surgery center nurse will call you 1-2 days before surgery to review your history, review diet restrictions and confirm your arrival time at the center. If it is more convenient, you may call our pre-operative nurse between 9 a.m. and 5 p.m. at 925-937-8100 dial extension 113 or dial zero for the receptionist.
- Diet restrictions may also be reviewed by your anesthesiologist (if applicable) during a pre-operative phone call.
- Make arrangements for someone to drive you home. You will not be allowed to drive yourself if you have had sedation. Your driver should be available at the time of discharge. Please arrange to have a responsible adult care for you 24 hours after surgery.
- In consideration of others waiting in our lobby, we ask that children do not accompany you or your family members. Please limit the number of people who accompany you to the center. We suggest that adult patients be accompanied by only one person; however, we do welcome both parents of pediatric patients.
- Bring any orders or written paperwork that your doctor may have given you.
- Complete any laboratory tests, x-ray, or EKG ordered by your doctor 48 hours prior to the day of surgery.
- Bring a list of any medications you take including the dosages. Ask your doctor whether you need to take your medications the day of surgery. If you use an inhaler, bring it with you the day of surgery.
- You should take a shower. Do not use any lotions, powders or make-up.
- Wear loose, comfortable clothing that can be folded and can accommodate large dressings and tender surgery sites. Wear flat, comfortable shoes.
- Children having surgery should bring a favorite toy
- Do not bring jewelry, watches, money or other valuables. The surgery center is not responsible for them during your stay. Bring you eyeglasses and/or your hearing aides.
- If you develop any health changes, (cold, fever, rash, etc.) prior to surgery, or if you are unable to keep your appointment, notify your doctor immediately.

OUR FINANCIAL POLICY

- Aspen Surgery Center does not extend credit. For procedures not covered by your medical insurance, or if you are not insured, you are required to pay estimated charges upon admission. Visa, MasterCard, American Express and personal checks are accepted. Personal checks are not accepted for cosmetic procedures.
- The center will bill your insurance as a courtesy; however, the balance is your responsibility. Once insurance payment has been made the remaining balance is due upon receipt.
- Aspen Surgery Center contracts with multiple health plans. It is your responsibility to know and verify if the benefits contained in your insurance plan limit, reduce or deny coverage of medical services at the center.
- If you have any questions, please contact our billing office 925-210-8408.



ABOUT OUR FEES

- Aspen Surgery Center bills a flat fee for each procedure performed. This fee includes use of the center and its equipment, nursing care, supplies and medications. Itemized bills are not available.
- Our fees exclude radiology, laboratory, pathology, cardiology or other ancillary services. If you have any of these services prior to, or during surgery, you will receive a bill directly from the hospital or provide of the service.
- Your surgeon, anesthesiologist, pathologist and/or other physicians bill separately for their services.